

How will the program help you and your family?

Assist you to recognise your individual needs

Assist you to recognise the needs of your children

Promote healthy relationships and positive parenting

Connect you to programs

Help with goal-setting for contact

For more information

Hobart

20 Clare Street, New Town
TAS 7008
email: ccsadminsouth@reltas.com.au

Launceston

6 Paterson Street, Launceston
TAS 7250
email: CCSAdminNorth@reltas.com.au

Devonport

68 North Fenton Street, Devonport
TAS 7310
email: CCSAdminNorthWest@reltas.com.au



Separated Family Support



tas.relationships.org.au

What is the 'Separated Family Support' Program?

With the right support, most parents can find a way to build a secure base for their children after separation.

Being a separated parent can be hard, emotional work.

It can be difficult to know what you need and want, and what your children need and want.

Your Separated Family Support Practitioner will help you navigate through this process.

What does the service cost?

The Separated Family Support Program is free of charge to participants.

What can I expect from the program?



Short-term intervention support



Parenting support



Information on adjusting to changes post-separation



Advice and support on parenting related coping skills



Family meetings and individual support



Referral to other services

How do I access this service?

This program is only available to existing Children's Contact Centre (CCS) clients of RA Tas.

Existing clients can access this program by contacting their CCS Case Manager for an appointment.

Your Family Support Practitioner can offer you ongoing sessions where you can set goals and get help to achieve them.