

Aboriginal Cultural Connections

Aboriginal Cultural Connections will focus on strengthening the physical, emotional and social wellbeing of the Aboriginal community of Tasmania. Individual and family members will be provided with access to developmental and counselling services and activities focused on effective relationships.

The service will be conducted across the north and north-west of Tasmania, and will be based in Launceston with outreach provided to Flinders and Cape Barren islands, as well as the Devonport region.

Aboriginal Cultural Connections delivers:

- + Counselling for families and individuals
- + Community Education programs
- + Men's and Women's Healing programs

Counselling

A culturally sensitive counselling service for Aboriginal community members of the north and north-west of Tasmania. The service will operate from our offices in Launceston and Devonport.

Community Education

A focus on assisting Aboriginal community members to increase their knowledge and skills across topics such as healthy relationships (including parenting and finance), creating community unity (including coping with family and community violence), and dealing with grief and loss.

Men's and Women's Healing

A contemporary gathering of Aboriginal men's and women's groups that involves culture, sharing, gaining knowledge, self care and wellbeing, introducing tools and strategies to be able to make positive changes, and to feel better about ourselves. The program enables Aboriginal men and women to come together in separate groups, in an equal status to listen and learn from each others stories, as well as a journey of learning and self discovery.

1300 364 277 tas.relationships.org.au

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Relationships Australia
TASMANIA