

The Elder Relationship Service is a Mediation and Counselling service which provides a safe, respectful and listening environment.

This is a service where older people and their families can discuss important life decisions or be supported to work out what is best for you and how this fits in with your family.

### Our staff

Our counsellors and mediators have professional qualifications and experience in social work, psychology, mediation, law and/or counselling and they have had specific training in supporting and working with older people.

### How much does the Elder Relationship Service cost?

The Elder Relationship Service has been generously supported by the Tasmanian Government. As a result, there are no fees to access our service.

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Government



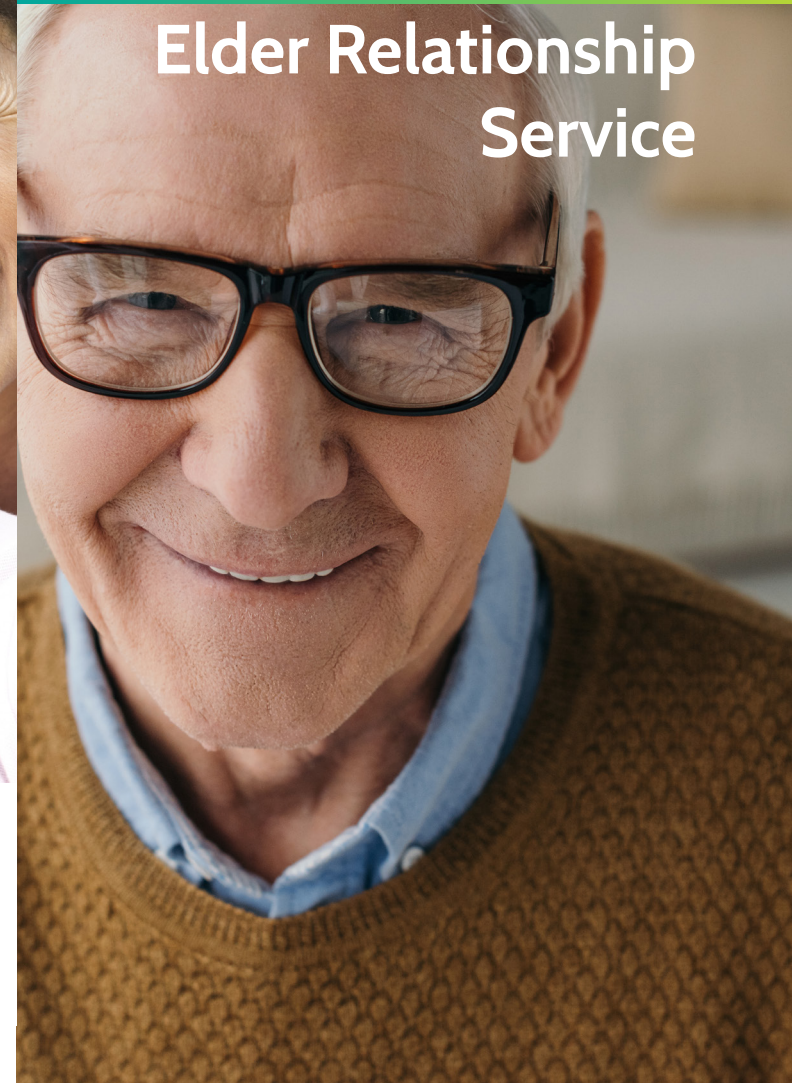
*Relationships Australia Tasmania acknowledges the Australian Aboriginal and Torres Strait Islander peoples as the first inhabitants of the nation and the traditional custodians of the lands where we live, learn and work.*



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## Elder Relationship Service



How to contact us:

1300 364 277

(03) 6279 5000 for interstate calls

[www.tas.relationships.org.au](http://www.tas.relationships.org.au)

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## Elder Relationship Service - Support for Older Tasmanians

At Relationships Australia Tasmania our Elder Relationship Service provides mediation and counselling in a safe, respectful and listening environment.

This is a service where older people and their families can be supported to have difficult conversations and discuss important life decisions.

Mediation or Counselling can assist you with items such as:

- Having difficult conversations
- Decisions regarding property
- Financial matters
- Medical care decisions
- Moving into residential aged care

You can attend the service on your own, with your partner, as a family, or your adult children can come by themselves.

Attending the Elder Relationship Service is voluntary and confidential. The decisions you make are not legally binding but if you would like to put any agreements you reach in writing, your practitioner can assist you with this.

### Making an appointment

You do not need a referral to use these services.

Waiting times for an appointment vary according to the current demand for our services and your availability.

Call us on **1300 364 277** to make an appointment or ask any questions.

# Supporting people to create positive connections

### What is Elder Mediation?

Elder Mediation is a process that is facilitated by professional mediators. They aim to assist older people, their families and significant others with difficult conversations. Mediation can help families to make plans and resolve disagreements. The focus of elder mediation is to ensure that outcomes respect the rights and enhance the safety of older Tasmanians.

### What is Elder Counselling?

Elder counselling provides you with the support you need to address and navigate issues such as; the impact of elder abuse, grief and loss, loneliness, entering retirement, caring for a partner or child, or reconciliation with family members.

