Our skilled practitioners support clients to cope with challenges and adjustments after separation



Counselling After Separation

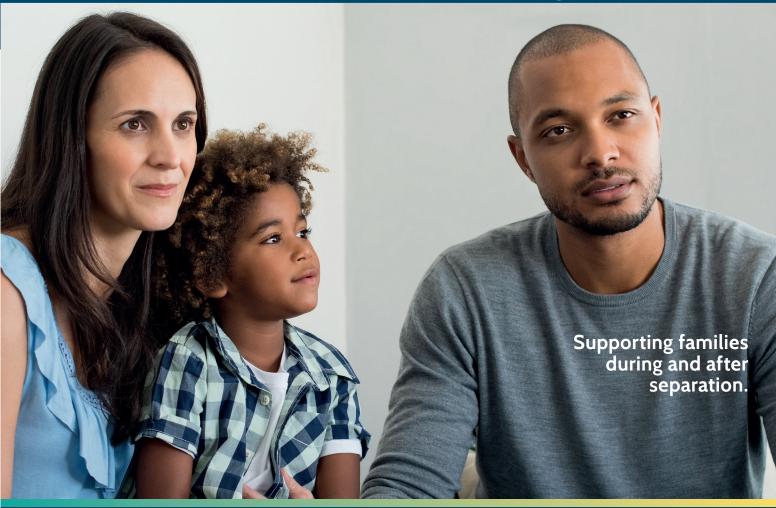
Counselling After Separation

Our Counselling After Separation Program is for people who have separated or are in the process of separating.

It provides a safe space for individuals to express their thoughts and feelings about their separation and put skills and strategies in place to manage during and after the separation.

Our skilled practitioners support clients to cope with challenges and adjustments after separation such as:

- Managing their relationship with their ex-partner
- Supporting children during and after separation
- Coping with feelings of loss and loneliness



Contact us

1300 364 277 tas.relationships.org.au

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A safe space for individuals to express their thoughts and feelings

Additional family separation support

Relationships Australia Tasmania can support families who are separating through a number of our programs, including:

- Supporting Children After Separation
- · Family and Relationship Counselling
- Family Dispute Resolution
- Parenting Separately Program
- Family and Relationship Counselling
- Children's Contact Service

Referrals

We accept referrals into the Counselling After Separation Program from community organisations, GPs, lawyers, and self-referral from clients.

Fees

This is a fee-paying service, however clients may be eligible for concessions. Our staff can support clients to discuss payment options.

