

## Position Description

<b>Position Title</b>	Short Term Psychological Intervention Practitioner
<b>Department</b>	Early Intervention Services
<b>Program</b>	Short Term Psychological Intervention
<b>Location</b>	South
<b>Classification</b>	Level 4 of Relationships Australia Tasmania Enterprise Agreement 2015

### About Relationships Australia Tasmania

Relationships Australia Tasmania (RA Tas) is a leading provider of relationship support services. We're here to help people and communities thrive by supporting people to create positive connections. Our services are for everyone, regardless of race, social status, sexual orientation, gender identity or intersex status.

### Our Values

At Relationships Australia Tasmania we are guided by these values in everything we do:

- Willing to serve
- In it together
- People matter
- Looking forward

### Position Summary

The client services provided in Early Intervention Services are primarily focussed on working with individuals, children and families in response to any type of relationship or life issue and to improve their mental health and/or personal health & wellbeing.

The Short-Term Psychological Intervention Services program is funded by the Commonwealth to deliver psychological services to adults and children and to improve mental health outcomes.

The Short-Term Psychological Intervention Practitioner provides therapeutic services to RA Tas clients, with a specific emphasis on Short-Term Psychological Intervention (STPI) clients. The position is based primarily in our Hobart office, however some outreach services will be required.

## Key Areas of Responsibility

- Provision of professional and appropriate mental health counselling to individuals
- Facilitate group work as required
- Proactively work to meet agreed service targets
- Work collaboratively with other agencies to deliver support to clients
- Complete required administrative work associated with GP referrals, client sessions, including maintaining accurate client data and files and working within the RA Tas fee policy
- Proactively network and assist the organisation to promote the service, its values and intent to the referral base and the community
- Represent RA Tas at meetings/events as required
- Any other duties as required and within the general scope of responsibilities of this position

## Position Relationships

Manager	Manager, Support & Case Management (South)
Direct Report(s)	Nil
Other(s)	RA Tas staff and clients, other external stakeholders

## Extent of Authority

The Short-Term Psychological Intervention Practitioner informs and guides to gain the acceptance of others regarding the practices, systems and processes required to achieve program and service delivery outcomes. Freedom to act is governed by clear objectives and/or budget constraints which may involve the contribution of knowledge in establishing procedures within clear objectives and/or budget constraints where there are no defined established procedures.

## Organisational Responsibilities

- Demonstrate professional workplace behaviours at all times in accordance with the organisation's Code of Conduct and Code of Ethics and adhere to all organisational policies, procedures, standards, practices and RA Tas values
- Assist RA Tas to create and maintain a safe and healthy work environment by working safely and adhering to all RA Tas Policy, procedures, standards and practices
- Actively participate in regular Supervision sessions in accordance with the RA Tas Supervision Model and positively engage in continued professional development activities
- Our organisation is an accredited White Ribbon Workplace, and as an employee of RA Tas you are required to promote a workplace environment that supports the rights of all employees to live free from violence and adhere to the RA Tas Family Violence Support Policy at all times
- Our organisation is a Child Safe organisation and takes child protection seriously. As an employee of RA Tas, you are required to meet the behaviour standards outlined in our Practice and Behaviour Guidelines

## Selection Criteria

### Essential Requirements (Skills, knowledge, experience, qualification(s) and/or training)

1. Mental health professional or relevant tertiary qualifications and experience and willingness to obtain mental health accreditation. Including: psychologists (provisional, registered and clinical), mental health nurses, occupational therapists, social workers
2. Demonstrated experience in providing mental health counselling, and working therapeutically with groups
3. Knowledge and understanding of evidence-based counselling theory and practice and a demonstrated broad range of counselling skills in working with children (five to 12 years) and adults
4. Ability to communicate and engage with clients therapeutically and to assist clients with a broad range of intellectual abilities, motivational levels, and health profiles, and from a range of socio-economic backgrounds
5. Capacity to reflect on own practice, with supervisor, peers and self
6. Ability to work independently within outreach settings and as part of a team and the ability to respond to direction and the capacity to be self-directed
7. Ability to work within and positively advance the mission and values of Relationships Australia Tasmania

### Desirable Attributes

8. Current drivers licence

## Special Requirements

- Appointment to this position will be subject to a current and satisfactory National Police Check and Working with Children Registration
- Some intrastate and interstate travel may be required in the position

## Working Conditions

- Some out of hours work may be required in order to satisfy operational requirements
- The position may involve working with people with challenging behaviours

## Approval

Jules Carroll

COO

April 2021